

Storyboard: Finding your Therapy Minicourse

Minicourse Overview

<p>Goal: Define the main goal of this course and how you will measure it.</p>	<ol style="list-style-type: none"> 1. Learners will be able to describe and differentiate key psychotherapy modalities and group them according to directive or non-directive modalities. 2. Learners will be able to select appropriate psychotherapy techniques depending on their personal preference.
<p>Practice Exercises: List the actions learners need to take to achieve this goal.</p>	<ul style="list-style-type: none"> ● Watch recordings ● Complete Multiple-choice quizzes after each substantive discussion ● Review session transcripts and identify the correct therapy modality
<p>Information: What essential information do learners need to complete the practice activities?</p>	<ul style="list-style-type: none"> ● Overview of therapy modalities

Module storyboard - Introduction

Video/ Module #: 1/9	Screen type: Screen recording with video overlay	Assets: <ul style="list-style-type: none"> • Video • Graphic layout/ infographic to support overview 	Learning objective: Learners will be able to <ul style="list-style-type: none"> • understand what to expect from the minicourse; • learn 3 main differences between directive and non-directive therapy
Lesson title: Course Overview			
Content notes: <ul style="list-style-type: none"> • course overview: 8 modules • describe main differences between directive and non-directive therapy modalities • list 3-5 examples for each category 		Visual notes: <ul style="list-style-type: none"> • screencast with video overlay on initial slide 	Audio notes/ voiceover scripts:
Assessment/ discussion prompts: N/A			Programming notes:
Reviewer feedback:			